

Menu - September 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Day		1	2	3	4
Breakfast		Cheese Toast Seasonal Fruit Milk / Water	Waffles Seasonal Fruit Milk / Water	Cereal Seasonal Fruit Milk / Water	Bisquets with Grape Jelly Seasonal Fruit Milk / Water
Lunch		Tuna Pasta Brocolli Seasonal Fruit Milk / Water	Mini Corn Dogs French Fries Seasonal Fruit Milk / Water	Cheese Pizza Salad with Ranch Pineapple Milk / Water	Fish Sticks Mashed Potatoes Pears Halves Light Syrup
PM Snack		Nutella Sandwich Milk / Water	Pretzels Apple Juice / Water	Chocolate Chip Muffin Milk / Water	Graham Crackers Milk / Water
2nd Snack		Chocolate Donut	Cookie - Vanilla Waffer	Cheez-it	Vanilla Cupcake
Day	7	8	9	10	11
Breakfast	Yogurt Seasonal Fruit Milk / Water	Cheese Toast Seasonal Fruit Milk / Water	Blueberry Pancakes Seasonal Fruit Milk / Water	Turkey-Cheese Omelette & Toast Seasonal Fruit Milk / Water	Bisquets with Grape Jelly Seasonal Fruit Milk / Water
Lunch	Bean & Cheese Burrito Corn Seasonal Fruit Milk / Water	BBQ Chicken Sandwich Tater Tots Seasonal Fruit Milk / Water	Hot Dogs (Beef) Sunchips Seasonal Fruit Milk / Water	Grilled Turkey Sandwich Carrots & Ranch Fruit Cocktail with Light Syrup Milk / Water	Cheese Pizza Salad with Ranch Seasonal Fruit Milk / Water
PM Snack	Pretzels Apple Juice / Water	Graham Crackers Milk / Water	Strawberry Jelly Sandwich Milk / Water	Banana Nut Muffin Milk / Water	Cheez-it Apple Juice / Water
2nd Snack	Cookies - Chips Ahoy	Rice Krispy Treats	Sugar Donut	Cereal	Poptart
Day	14	15 I	16	17	18
Breakfast	Cereal Seasonal Fruit Milk / Water	Oatmeal Seasonal Fruit Milk / Water	French Toast Seasonal Fruit Milk / Water	Cheese Quesadillas Seasonal Fruit Milk / Water	Turkey-Cheese Omelette & Toast Seasonal Fruit Milk / Water
Lunch	Cheese-Turkey Quesadilla Corn Seasonal Fruit Milk / Water	Chicken Alfredo Brocolli Seasonal Fruit Milk / Water	Meatball Sandwiches Tater tots Seasonal Fruit Milk / Water	Turkey-Cheese Roll Up & Hawaiian Bread / Sweet Carrots Seasonal Fruit Milk / Water	Chicken Nuggets Mashed Potatoes Sliced Peaches Light Syrup Milk / Water
PM Snack	Chex Mix Apple Juice / Water	Animal Crackers Milk / Water	Banana Milk / Water	Cheese Cubes & Crackers Water	Gold Fish Apple Juice / Water
2nd Snack	Cookies - Oreo	Cereal	Cookies Barritas Marinela	Rice Krispy Treats	Poptart
Day	21	22	23	24	25
Breakfast	Yogurt Seasonal Fruit Milk / Water	Cheese Toast Seasonal Fruit Milk / Water	Waffles Seasonal Fruit Milk / Water	Cereal Seasonal Fruit Milk / Water	Bisquets with Grape Jelly Seasonal Fruit Milk / Water
Lunch	Chicken with Gravy & Rice Green Beans Seasonal Fruit Milk / Water	Tuna Pasta Brocolli Seasonal Fruit Milk / Water	Mini Corn Dogs French Fries Seasonal Fruit Milk / Water	Cheese Pizza Salad with Ranch Pineapple Milk / Water	Fish Sticks Mashed Potatoes Pears Halves Light Syrup
PM Snack	Strawberry Jelly Sandwich Milk / Water	Nutella Sandwich Milk / Water	Pretzels Apple Juice / Water	Chocolate Chip Muffin Milk / Water	Graham Crackers Milk / Water
2nd Snack	Cereal	Chocolate Donut	Cookie - Vanilla Waffer	Cheez-it	Vanilla Cupcake
Day Breakfast	28 Yogurt Seasonal Fruit Milk / Water	29 Cheese Toast Seasonal Fruit Milk / Water	30 Blueberry Pancakes Seasonal Fruit Milk / Water		
Lunch	Bean & Cheese Burrito Corn Seasonal Fruit Milk / Water	BBQ Chicken Sandwich Tater Tots Seasonal Fruit Milk / Water	Hot Dogs (Beef) Sunchips Seasonal Fruit Milk / Water		
PM Snack	Pretzels Apple Juice / Water	Graham Crackers Milk / Water	Strawberry Jelly Sandwich Milk / Water		
2nd Snack	Cookies - Chips Ahoy	Rice Krispy Treats	Sugar Donut	i	